Better at Home Volunteers: Senior Support North Vancouver Island

Our Better at Home Program in Campbell River needs volunteers to connect with local seniors. Your help can reduce loneliness and support a senior to stay independent at home.

Better at Home Friendly Visitor Volunteers visit a senior client at their home for approximately 1 hour each visit to provide friendly conversation and companionship. Visits are arranged on a schedule that is agreeable to both the senior client and the volunteer, usually at the same time each week. Bi-weekly visits, phone visits, or visiting outside the home are also options. Our staff will match you with a senior with shared interests.

Better at Home Transportation Volunteers provide much needed transportation for seniors to local medically related or other important appointments. These may be regularly scheduled appointments or scheduled as needed. Transportation assignments are flexible and scheduled according to your availability. Mileage is re-imbursed to cover your fuel costs.

SSNVI volunteers must provide a clean Criminal Record Review. All volunteers receive a thorough orientation as well as ongoing education opportunities and become part of our caring community.

Volunteers are always needed. If you have 1-2 hours a week and would like to offer support and encouragement to seniors experiencing challenges associated with aging, contact us to become a volunteer, your time will make a significant difference to a senior's life.

Visit the volunteer page on our website, ssnvi.ca, call us at 250-202-3374, or email <u>volunteer@ssnvi.ca</u> for an application form or more information about volunteer opportunities with us.