



Children & Youth Mental Health Counsellor

Summary:

Within a client & family centered framework, the CYMH Counsellor provides assessment, counselling, case management, advocacy and referral services to children and youth who are experiencing mental health concerns. This position reports to the Executive Director and receives contracted clinical supervision.

Duties include:

- Accepts referrals, assesses participant needs and develops & maintains case files
- Builds trusting, therapeutic relationships with participants, families and associated community supports towards the development of client-driven care plans and goals
- Activates appropriate community and professional supports as agreed with participant and family; provides warm transfers upon referral as needed, integrates community services into the care plan
- Provides individual and group counselling services that are trauma-informed, culturally safe, age appropriate, and based on an intersectional understanding of power dynamics
- Maintains the highest levels of confidentiality and sensitivity in relation to participant data; refers participant to appropriate professionals when a concern is outside of the clinician's scope of practice.
- Monitors participant progress with participant input, assists participants in integrating learned skills into their home and community environment, and celebrates participant successes.

Required Qualifications:

- A Master's degree in Counselling or related field, or an appropriate combination of education and training
- Substantial knowledge and experience in the area of child & youth development and mental health
- A minimum of two years recent supervised child/youth counselling
- Experience &/or training in several of: art and play therapy; music therapy; animal therapy; somatic experiencing; trauma counselling & the developmental impacts of trauma; Indigenous culture & history
- Experience working as a member of a multi-disciplinary team.



A valid driver's license and own vehicle, as well as the successful completion of a criminal record with vulnerable sector check are required. Winter tires are required October 1 – March 31. As a member of our team you will receive an excellent benefits package and work in a supportive, flexible environment. Wage is \$30 - \$32/hr., depending on qualifications and experience. This position is for 35 hours weekly.

Please email resume and cover letter to:

Cheryl Zaw, Executive Director
(Re: CYMH Counsellor)
cherylz@nicccs.org

Open until filled