



Chef - Vegan Meals

Part-Time

Campbell River Region
Campbell River

Monday March 9, 2026

\$21 - \$25/ hour

Company: Fresh Start Health Retreat Center

Website: <https://www.healthretreat.ca/>

Industry: Public Works & Services

Remote/Camp Based Job: No

How to apply:

HOW TO APPLY: Carefully read the full description and apply online on our Company Job board <https://freshstart.bamboohr.com/careers/75>

Expiry Date:

Monday, March 23, 2026

Details:

MAIN RESPONSIBILITIES: •Prepare healthy vegan & raw meals (breakfast and lunch) and drinks •Present healthy meal preparation demos and, if requested, private meal preparation classes •Food ordering/purchasing •Cross-training/ some shifts in: Kitchen Assistant, Juicing and Housekeeping, Evening. PERKS: some free super-healthy organic vegan meals; 1 infrared sauna session and 1 salt cocoon session per program (value \$800 per year); spa services and health supplements at a cost (up to 40-50% savings); free onsite gym access during program dates. Occasional tips from guests (not guaranteed). HOW TO APPLY: Carefully read the full description and apply online on our Company Job board <https://freshstart.bamboohr.com/careers/75>

Qualifications & Experience:

CERTIFICATION/ SKILLS REQUIRED: • Ability to prepare for a group of 20-25 people and experience in dietary customizations • Some knowledge/ experience in vegetarian and vegan food preparation • Good interpersonal skills (you will need to do a few food demo classes - we'll train) • Current BC Food Safe and First Aid Level I - if you do not have them, you'd be required to get them upon being hired MUST-HAVES: you live locally (within 30-45 min drive), have personal transportation and a current driver's license, are happy with the intermittent nature of the job (3-weeks on 3 weeks off, with 6 weeks off in winter), you are happy to work various days and shifts during our programs, and are flexible with the number of hours. You enjoy cooking and do not mind some cleaning (including washrooms), like a fast-paced environment, can work on your feet all day and handle stairs easily. You

have emotional resilience.
