



Kitchen Assistant / Housekeeper Part-Time

Campbell River Region
Campbell River

Friday March 6, 2026

\$21 - \$25/ hour

Company: Fresh Start Health Retreat center

Website: <https://www.healthretreat.ca/>

Industry: Health

Remote/Camp Based Job: No

How to apply:

Please read the detailed description to ensure it fits your needs and apply here:
<http://freshstart.bamboohr.com/careers/74>

Expiry Date:

Friday, March 20, 2026

Details:

Fresh Start is looking for a reliable and hard-working kitchen assistant willing to do some housekeeping duties. Part-time position: 20-35 hours per week for three weeks, alternating with three weeks off. We operate on specific dates:

<https://www.healthretreat.ca/health-retreat-dates/> Work is available only on those dates. DUTIES: •health drinks preparation (juices, tea, etc.) •Cleaning dishes •housekeeping (dining room, group activities rooms, washrooms, etc.) •cook independently evening soups and assist Chef (list not exhaustive PERKS: •Some free organic vegan meals •Spa services and supplements at cost (40-50% savings) •Free infrared sauna •Salt cocoon sessions and on-site gym use •Occasional tips •Stunning ocean view!

Qualifications & Experience:

REQUIREMENTS: •you live locally (within 30-45 min drive) •have personal transportation and current driver's license •are happy with the intermittent nature of the job (3-weeks on 3 weeks off, with 6 weeks off in winter) •can work various shifts and hours including evenings and weekends •you enjoy both cooking and cleaning •are physically able to go up and down the stairs and be on feet all day •have pleasant personality and are a great team player!
