



Kitchen Assistant / Housekeeper Part-Time

Campbell River Region
Campbell River

Wednesday March 4, 2026

\$21 - \$25/ hour

Company: Fresh Start Health Retreat center

Industry: Health

Remote/Camp Based Job: No

How to apply:

Please read the detailed description to ensure it fits your needs and apply here:

<http://freshstart.bamboohr.com/careers/74>

Expiry Date:

Wednesday, March 18, 2026

Details:

WARNING: 3 weeks ON (20 - 35 hours / week) and 3 weeks OFF + 6 weeks off in winter. NON - SMOKING area. PERKS: some free super-healthy organic vegan meals + 1 sauna and 1 salt cocoon per session + spa services and supplements discounts + free onsite gym. MUST HAVE: •personal reliable transport •have a reliable second source of income •Food Safe •First Aid Level 1 •Clean driver's abstract and criminal record (within the first 3 months of employment). If you enjoy cooking and cleaning, are reliable, detail-oriented, and a happy, positive individual, we'd love to hear from you ASAP!

Qualifications & Experience:

REQUIREMENTS: •pleasant personality and a great team player •high cleanliness standards •cooking/food preparation experience. DUTIES: •health drinks preparation (juices, teas, others) •housekeeping (washrooms, dining area, kitchen, hallway, activities room) •cook soups •Cleaning Dishes •Chef assistance •Occasional groceries shopping (list not exhaustive).
